ABSOLUTE FREEDOM

Essence of the Teachings of Ramesh S. Balsekar

Justine Jeyaraj Devaraj
LORD GANESH
GOD OF KNOWLEDGE
ABSOLUTE FREEDOM

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Justine Jeyaraj Devaraj
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Dedicated to

DR. SATHVIKA

my daughter, for her inspirations
Preface

Ramesh S. Balsekar is the number one Advaita (Non duality) Teacher of our modern time.

He was a direct disciple of Sri Nisargadatta Maharaj.

After retiring as the President of the Nationalised Bank of India, he started interpreting the Marathi talks of Sri Nisargadatta Maharaj into English for the western visitors regularly for few years. Then he was requested by Maharaj himself to speak on Advaita of Indian spirituality.

Ramesh's innumerable talks have been published in large numbers of books.

I am happy to present in this e-book the essential message of Ramesh S. Balsekar as the 'Essence of the Teachings of Ramesh S. Balsekar'.

May many readers be benefited by the sublime teachings of Ramesh, in a concise and precise form.

May all find Prosperity and Peace, from Ramesh's Teachings!

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Events Happen
Deeds Are Done,
But There Is
No Individual Doer Thereof.
Self Realisation

Self – realisation is
The total realisation
That there is
No one
To realise
Or achieve
Anything.

- Ramesh S. Balsekar
Prior To Phenomenality, There's No
Creation, No Dissolution, No Path,
No Goal, No Free Will
And No Predestination.

Ramana Maharishi
Our True Nature Does Not Know That 'It Is'.

When One Is In A State Of Everlasting Truth, One Is Beyond Experiences.

In This State, Nothing Is Known, We Do Not Know Ourselves.

Once Prana Leaves The Body

You Will Not Remember That 'You Were'.

Your Manifest Consciousness Has To Become Unmanifest Again.
Absence Of
Thinker
Doer
And Experiencer
Is Freedom
Author's Spiritual Guru
Sri La Sri Pandrimalaiswamikal
ABSOLUTE FREEDOM

Essence of the Teachings of Ramesh S. Balsekar

In Essence, The Following Three Questions Are The Answer To All The Spiritual Questions!

1) Why Should You Know?

2) Who Wants To Know?

3) And Once Knowing What Are You Going To Do With It?

- Ramesh S. Balsekar
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Absolute Freedom
Chapter - 1

God
BIRTH AND DEATH, AND EVENTS IN BETWEEN, ARE BEYOND ONE’S CHOICE. THEY ARE WILLED BY GOD.

NO POWER ON EARTH, CAN CHECK THE WILL OF GOD. GOD NEVER SHARES HIS WILL WITH US.

GOD DOES NOT CARE, YOUR SELF PITY ON YOURSELF. A COW HAS FREEDOM, TO ROAM ABOUT WITHIN POLE.

GOD DOES NOT GIVE, EVEN A ROPE’S LENGTH OF FREEDOM, TO MAN. THAT IS HIS DESTINY.

BILLIONS OF SEPARATE ME’S BELIEVE IN FREE WILL. AND THAT IS GOD’S WILL AND DESTINY FOR HUMANS.
YOU ARE A NOBODY, AND YOU HAVE NO POWER, AND YOU HAVE NO PURPOSE AT ALL.

ENLIGHTENMENT CAN NOT HAPPEN, AS LONG AS YOU BELIEVE, IN YOUR OWN FREE WILL. THAT IS THE SITUATION.

CAN YOU MAKE GOD LAUGH? JUST TELL HIM YOUR PLANS, FOR YOUR FUTURE, WITH ALL DETAILS!

WHAT YOU WILL DO IN FUTURE, IS STILL GOD’S WILL. STILL HOW YOU ACT - GOD DECIDES.

OR IT’S CONSEQUENCES ARE NOT IN YOUR HANDS. WE CAN NOT ASK GOD ABOUT ANYTHING ELSE.
WE CAN NOT ASK GOD, "WHY ARE YOU DOING WHAT YOU ARE DOING?" IT'S HIS WILL.

GOD CREATES BILLIONS OF BODY MIND ORGANISMS, LIKE COMPUTERS ARE PROGRAMMED, AT THE MOMENT OF CONCEPTION.

VIA DNA AND ENVIRONMENTAL CONDITIONING, GOD SENDS AN OUTSIDE IMPULSE, OR INPUT AS FORMS OF THOUGHTS.

THE BRAIN OF THE BODY MIND ORGANISM, BEHAVES LIKE HARD DRIVE OF AN ELECTRONIC PERSONAL COMPUTER.

BRAIN REACTS TO THIS OUTSIDE IMPULSE, VERY OBEDIENTLY. IT PROCESSES THE INPUT ACCORDING TO IT'S PROGRAMMING.
16 THE DNA AND ENVIRONMENTAL CONDITIONING, CREATE THE THINGS WHAT YOU CALL 'YOUR' ACTION AS AN OUTPUT.

17 THERE IS NO CAUSATION. THE EFFECT NEEDS THE CAUSE, AND THEY ARE ONE EVENT AND ARE SIMULTANEOUS.

18 PRIOR TO THE MANIFESTATION, THERE IS NO BONDAGE, AND NO FREEDOM, AND THESE ARE VERY STRANGE.

19 STRANGE BECAUSE, IT IS THE HUMAN BEING’S MIND AND INTELLECT, THAT CREATE CONCEPT OF BONDAGE/FREEDOM.

20 WHO CREATED THE WORLD? NOBODY CREATED THE WORLD. ON WAKING UP AND FALLING ASLEEP IT HAPPENS.
21 THE BEGINNING AND THE END OF THIS WORLD OCCURS EACH DAY, IN AN INSTANT TO AN INDIVIDUAL.

22 TO THAT EXTENT, IT IS YOU WHO CREATE, THE MANIFESTATION AND ALL THE MARVELS AND WONDERS.

23 YOU THINK YOU MAKE A DECISION, BUT IN FACT, IT IS GOD, WHO IS MAKING ALL DECISIONS.

24 TRUST IN GOD, IMPLIES THE HOPE THAT HE WILL DO WHAT YOU WANT, WHICH IS CALLED FAITH.

25 I HAVE FAITH IN GOD MEANS, I WANT TO HAVE, A GOOD RELATIONSHIP WITH GOD HIMSELF.
IS THE PURPOSE OF LIFE TO FIND TRUTH?
FOR WHOM AND WHO IS TO FIND TRUTH?

ARE YOU NOT ALREADY THE TRUTH? TRUTH IS WHAT IS AT THIS MOMENT AT THIS SPACE.

THE 'WHAT-IS' IS NOT CONCERNED WITH ANY PARTICULAR PERSON IN ANY PARTICULAR WAY OF ANY IMPORTANCE.

WHAT-IS AT THE PRESENT MOMENT IS GOD'S WILL, AND THERE IS NOTHING EXCEPT WHAT-IS.

'GOD IS LOVE' DESCRIBES ONLY HALF THE TRUTH. WHAT-IS, IS CONSCIOUSNESS, AND IT IS BOTH LOVE AND HATE.
YOU SAY EVERYTHING IS IN GREAT MESS. BUT IT IS PART OF WHAT-IS CREATED BY GOD.

PUNISHMENT HAPPENS TO A BODY MIND ORGANISM, BUT NOT TO AN INDIVIDUAL. IT IS ALL GOD.

THE REAL MUST BE ABLE TO EXIST BY ITSELF. IT HAS NO NEED OF ANY DEPENDENCY.

YOU CAN NOT KNOW THE REALITY, BECAUSE YOU ARE THE REALITY, AND YOU ARE ALWAYS IT.

WHAT EXISTS IN DEEP SLEEP IS THE REALITY. SAT-CHIT-ANANDA IS TRUTH-CONSCIOUSNESS AND BLISS.
IT IS NOT AN OBJECT, TO BE HAD BY AN INDIVIDUAL AND IT IS ALWAYS INDEPENDENT.

THOUGH BODY MIND ORGANISM DESIRES, GOD IS BEHIND DESIRE AND NOT PERSON THOUGH PROGRAMMED BY DNA.

HUMANS TO FULFIL THEIR NEEDS CREATE, CONCEPT OF GOD AND PRAY TO HIM TO BLESS THEM.

A SEPARATE HUMAN ENTITY, IS A CONCEPT BY HUMANS ITSELF, WHICH NECESSITATES THE CONCEPT OF GOD TOO.

THERE IS NOTHING ELSE EXCEPT GOD. GOD IS TOTAL SUBJECTIVITY. ALL OTHERS INCLUDING HUMANS ARE OBJECTS.
GOD THE SUBJECT - AND
THE OBJECT THE HUMAN - CAN
NOT MEET. GOD IS
PURE SUBJECTIVITY, BY ITSELF.

GOD THE SUBJECTIVITY, HAS
NO OBJECTS TO ENJOY.
GOD THE SOURCE, HAS
NO NEED TO KNOW ITSELF.

GOD CANNOT KNOW GOD.
GOD CAN ONLY BE GOD.
GOD KNOWS HIMSELF ONLY
THROUGH HIS OWN CREATION.

GOD IS A MASTER HYPNOTIST,
WHO MAKES HUMANS BELIEVE
THAT EACH ONE IS
JUST A SEPARATE ENTITY.

DOES GOD HAVE A
PLAN? ASK YOURSELF - WHO
WANTS TO KNOW? YOU
CAN NEVER KNOW GOD.
IN ACCEPTING OF WHAT-IS
HERE/NOW, THERE IS
NO BONDAGE AND NO
FREEDOM, EXCEPT TOTAL PEACE.

ENLIGHTENMENT MAY HAPPEN, OR
MAY NOT HAPPEN. THIS
ACCEPTANCE OR NON-ACCEPTANCE
TOO, IS ALREADY DESTINED.

***
Consciousness

Chapter - 2

Absolute Freedom
ALL THERE IS - IS,
CONSCIOUSNESS, TOTALITY, THE SOURCE.
HOW CAN CONSCIOUSNESS KNOW
ITSELF, IF ALL IS CONSCIOUSNESS?

CONSCIOUSNESS CAN NOT KNOW
CONSCIOUSNESS. IT CAN ONLY
BE CONSCIOUSNESS, TOTALITY, THE
SOURCE, ALL IN ITSELF.

PURE SUBJECTIVITY, CAN NOT
BE UNDERSTOOD, SEEN, FELT,
OR EXPERIENCED. IT CAN
NOT BE MIND'S OBJECT.

CONSCIOUSNESS - IN - ACTION IS
GOD - IN - ACTION. WE
DON'T KNOW WHAT ELECTRICITY
IS, BUT KNOW IT'S ACTION.

CONSCIOUSNESS IS LIKE THAT.
WE DON'T KNOW IT.
BUT WE KNOW, HOW
IT FUNCTIONS, AS PHENOMINALITY.
WE KNOW CONSCIOUSNESS, AS OUR SENSE OF BEING.
THE KNOWER, IMPERSONAL CONSCIOUSNESS IS SAME IN EACH PERSON.

THERE IS NO COMPREHENDER. ALL THERE IS - IS CONSCIOUSNESS.
CONSCIOUSNESS HAS ALL THINGS; NOT WE HAVE CONSCIOUSNESS.

WHEN PURE CONSCIOUSNESS IDENTIFIES WITH A 'ME', IT BECOMES RESTRICTED AS PERSON, AND AS ALL OBJECTS.

CONSCIOUSNESS CAN NEVER DIE, BECAUSE, IT WAS NEVER CREATED. ALL BODY MINDS ARE PART OF CONSCIOUSNESS.

ALL ARE ONE OBJECT IN TOTALITY OF OBJECTS. ELECTRICITY PRODUCES THE LIGHT, AND NOT THE LAMP.
BUT ELECTRICITY CAN FUNCTION ONLY IF LAMP EXISTS.
CONSCIOUSNESS CAN FUNCTION ONLY IF BEINGS APPEAR HERE.

CAN I LEARN FROM THE BODY? WHO CAN LEARN AND WHAT TO LEARN?
BODY IS INERT WITHOUT CONSCIOUSNESS.

THERE IS NO LEARNER.
BODY IS DNA CONDITIONING.
CONDITIONED BY GENETIC CODES OF CONDUCT AND BEHAVIOUR.

PSYCHOPATH HITLER, AND A MOTHER TERESA, ARE BOTH INSTRUMENTS CREATED BY GOD.
PERSON IS A CONCEPT.

ALL BODY MIND ORGANISMS, ARE ROBOTS CREATED BY GOD, AND ARE LABELLED BY US AS PERSON.
AN ASTROLOGER MAY INTERPRET WRONGLY, BUT DESTINY HAPPENS UNFAILINGLY, TO EACH PERSON, AS PER CONCEPTION TIME.

DESTINY IS SIMPLY A SERIES OF MOVEMENTS, REVERSING INTO A READY-MADE FUTURE, THAT IS ALREADY DESTINED.

ALL THAT HAPPENS - IS "ALREADY PAST" BEFORE IT HAPPENS IN A "PRESENT MOMENT" - THAT UNFOLDS HERE.

ENLIGHTENMENT HAPPENS, IF IT IS DESTINED. AND IT CAN NOT HAPPEN, IF IT IS NOT DESTINED.

PERSONAL DREAMS ARISE LIKE THOUGHTS. EVEN FOR A SAGE, HIS WAKING STATE APPEARS AS A DREAM.
21 HIS WAKING STATE ACTIVITIES APPEAR AS PERSONAL DREAM IN HIS SLEEP STATE, TILL HE LIVES IN BODY.

22 ALL PERSONAL DREAMS, BOTH FOR THE SAGE AND THE ORDINARY PERSONS, ARE IN DUALITY, SO UNREAL.

23 SPIRITUAL AWAKENING MEANS, THAT THE NIGHTMARES AND PLEASURES OF LIVING DREAM CALLED LIFE DOESN'T REALLY MATTER, ANY MORE.

24 ANIMAL HAS SENSE OF PRESENSE, AS IN HUMAN. HUMAN HAS SENSE OF PRESENCE PLUS THE MIND THE INTELLECT.

25 ANIMAL LIVES LIFE, AS IT COMES, WANTS NEITHER HAPPINESS NOR UNHAPPINESS, AND JUST LIVES WITHOUT THEM ALWAYS.
ARE THE ANIMALS ENLIGHTENED?
The animal has no concept of bondage, so no concept of enlightenment.

BLOOMING IS FLOWER’S DHARMA,
where, when, and how,
is according to the destiny, willed by God.

CONSCIOUSNESS IS PURE CONSCIOUSNESS,
only at physical death.
Consciousness can not be aware, after physical death.

BECAUSE, AFTER DEATH, NO SUBJECT/OBJECT DIVISION EXISTS.
In death, consciousness is one without the duality.

WHAT HAPPENS AT DEATH?
Limited body, mind organism,
returns to the unlimited unmanifest, that exists always.
YOU ARE BORN WITH NOTHING - AND DIE WITH NOTHING. AFTER DEATH, DREAMS OF WAKING AND SLEEP END.

PERFECTION FOR HUMAN BEING IS 'NOT TO EXIST'. AS MANIFEST BODY MIND ORGANISM, WE ARE IMPERFECT.

YOU WAKE UP FROM IMPERSONAL INTO PERSONAL LIVING DREAM OF DAY AND NIGHT, BY BECOMING MANIFEST FROM UNMANIFEST.

REAL WAKING UP HAPPENS IN PHYSICAL DEATH, INTO THE UNMANIFEST, THAT EXISTS FOR ETERNITY AND INFINITY.

IN PHYSICAL DEATH, THE ENLIGHTENED ONE, AND THE ORDINARY PERSON, ARE THE SAME - AND NOTHING SPECIAL.
NOBODY IS AFRAID OF DEEP SLEEP, BUT EVERYBODY IS AFRAID OF DEATH, THOUGH THEY ARE EXACTLY SAME.

IS LIFE AFTER DEATH BLISS? FIND OUT WHO WANTS TO KNOW? THAT WILL BE BETTER ANSWER.

***
1. LIFE MEANS, CONSCIOUSNESS OR ENERGY, FUNCTIONING IMPERSONALLY, THRO’ PROGRAMMED BODY MIND ORGANISM, AS GENES AND CONDITIONINGS.

2. REACTIONS OF BRAIN, TO OUTSIDE IMPULSES, GENERATED BY CONSCIOUSNESS, PRODUCE ACTIONS OF EACH AND EVERY PERSON.

3. A PARTICULAR EVENT CONCERNS THE INDIVIDUAL BODY MIND ORGANISM AND ITS REACTIONS, TO THAT PARTICULAR EVENT.

4. GOD STARTS THE NOVEL OF CREATION, WITH CERTAIN ACTIONS, THAT PRESENT THE CONSEQUENCES OF THESE ACTIONS.

5. GOD LETS THE CHARACTERS, MERELY RESPOND TO THEIR CAUSES AND EFFECTS THAT MAKES PEOPLES LIVES HERE.
6 LIFE MEANS EXPERIENCING. LIFE MEANS ONE'S PERSONAL EXPERIENCE. YOUR LIFE IS GOD'S LIFE AS YOUR LIFE.

7 GOD-IN-ACTION IS FLOW OF LIFE. LIFE IS A MOVIE, BUT IT IS HAPPENING 'LIVE'.

8 IN LIFE, YOU GET FIRED AT POINT BLANK. YOU CAN NOT TELL LIFE, 'WAIT A MINUTE!'

9 LIFE IS GOD'S PLAY, A LEELA. IT HAS NO PURPOSE OR MEANING, THOUGH IT LOOKS CRUEL.

10 THE MEANING OF LIFE IS THAT, IT HAS NO MEANING. LIFE IS MIXTURE OF GOOD AND EVIL.
LIFE IS A CONTINUOUS PLAY OF OPPOSITES, THE GOOD AND THE BAD. LIFE IS BOTH FAIR AND UNFAIR.

HOW DOES ONE LIVE? ONE DOES NOT LIVE. LIVING HAPPENS. THERE IS NO 'ONE' THAT LIVES.

IS LIFE A LEARNING PROCESS? WHO IS TO LEARN? IS LIFE TO ACQUIRE SOMETHING? BUT SOMETHING FOR WHOM?

THERE IS NO PURPOSE, OR ACQUIRING SOMETHING OR ANY MEANING FOR LIFE. IT IS UNBELIEVABLE INDEED.

YOU CAN NOT LEARN TO LIVE LIFE, BECAUSE YOU ARE BEING LIVED. GOD LIVES YOUR LIFE.
THERAPIST SAYS THAT YOU CAN CHANGE YOUR LIFE.
GURU SAYS YOU CAN CHANGE, IF IT IS DESTINED.

YOU ARE NOT BODY MIND ORGANISM. YOU ARE THE IMPERSONAL CONSCIOUSNESS, AND ALL THERE IS - IS CONSCIOUSNESS.

YOU CAN ONLY 'BE' IT.
NEED NOT BE TOLD 'BE YOURSELF'. YOU CAN NOT BE IT.

'JUST BE' MEANS, THERE IS NO 'ONE', TO BE TOLD TO 'BE'. AS THERE IS NO 'ONE'.

BE IN THE BEINGNESS.
BUT HOW WHILE WORKING?
YOU ARE IN BEINGNESS, WHILE 'UNINVOLVED' IN THINKING.
'JUST BEING' HAPPENS - WHEN 'THINKING MIND' IS NOT THERE. THE SENSE OF BEING, IS NOT BORN OF MIND.

LIFE CANNOT BE LEARNED - BUT IT CAN BE ACCEPTED - AS IT UNFOLDS. LIFE LIVES AS 'YOU'.

WHEN YOU ARE ONE WITH FLOW OF LIFE, AND ACCEPT YOUR DESTINY, NO QUESTIONS ARISE THERE.

ACCEPTANCE OF LIFE - AS IT UNFOLDS - RESULTS IN A SPIRITUAL ALCHEMY OF TOLERANCE AND GENEROSITY.

BECAUSE LIFE IS PREDESTINED, IT IS ACTUALLY A PAST LIFE THAT IS PLAYED AS THE PRESENT.
26 LIFE'S NOVEL CAN BE KNOWN - ONLY PAGE BY PAGE, AND YOU CAN NOT SKIP, ANY PAGE.

27 LIFE IS LIKE A BOWL OF SPAGHETTI, IT IS ONE MASS, YOU CAN NOT SEPARATE EVENTS AS STRANDS.

28 IF LIFE IS A DREAM, BIRTH AND DEATH CAN NOT BE REAL, IN OCEAN OF CONSCIOUSNESS.

29 BEING IS NOT TIME SPACE. KNOWING GOD IS BEING GOD. IN BEING GOD, THERE'S NO SUBJECT OBJECT RELATIONSHIP.

30 'GOD STATE' CORRESPONDS TO STATE OF 'DEEP SLEEP'. BEING ONE WITH GOD, IS AN EMPTY FORMULA.
WHY DOES GOD CREATE MISERY? - WHY NOT?
LIFE IS A COMBINATION OF OPPOSITES AS GOOD/BAD.

THE SAGE DOES NOT ENJOY BLISS, OR SUFFER MISERY, BECAUSE 'HE' IS NOT INVOLVED.

AFTER ENLIGHTENMENT, PHYSICAL AND MENTAL SUFFERING, MAY CONTINUE. HOWEVER, THERE IS NO 'ONE' TO SUFFER THEM.

CONSCIOUSNESS 'IS' THE BLISS OR MISERY. CONSCIOUSNESS CAN NOT ENJOY BLISS OR SUFFER MISERY AS 'ME'.

THE 'ME' IS SUFFERING MISTERY AND BLISS. YOU ARE DEEMED TO MISERY BY DESTINY.
THE PHENOMENAL MANIFESTATION IS,
DREAM LIKE - AND NOT
REAL. THIS REALISATION STOPS
SUFFERING AND BRINGS PEACE.

THE DEGREE OF SUFFERING,
DEPENDS ON THE DEGREE
OF INVOLVEMENT, OF THE
'ME' BY THINKING MIND.

IS THERE A WAY
OUT OF SUFFERING?
A WAY OUT OF WHAT?
ALL THERE IS IS CONSCIOUSNESS.

YOU CAN NOT DO
A DAM THING - TO
GET OUT OF SUFFERING.
THERE IS NO 'YOU'.

THERE IS NO 'IN' -
AND THERE IS NO
'OUT' - IN CONSCIOUSNESS,
BESIDES THERE'S NO 'YOU'.
41 THERE IS A WAY OUT
OF SUFFERING, ONLY IF
IT IS DESTINED, AND
DEPENDS ON ONE'S DESTINY.

42 IF YOU SAY - YOU
ARE SEARCHING FOR THE
END OF SUFFERING - YOUR
SEARCH IS IN VAIN.

43 THE MISERY AND THE
BLISS OF THE SEEKER,
HAVE NO MEANING.
THEY JUST SIMPLY HAPPEN.

44 BECAUSE YOU ARE SUFFERING
TO THE POINT OF
DEATH, DON'T EXPECT, THAT YOU
ARE ELIGIBLE FOR ENLIGHTENMENT.

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Identification

Chapter - 4

Absolute Freedom
1 'I AM THAT', 'ALL THERE IS - IS CONSCIOUSNESS', 'ALL IS GOD’S WILL', THESE ALL ARE MERE CONCEPTS.

2 SENSE OF PRESENCE BECOMES A CONCEPT, DUE TO UNMANIFEST 'I', WHICH IS FOR US A CONCEPT.

3 HUMANS CREATE A CONCEPT, OF A SEPARATE 'ME', ENTITY THINKING 'I' CAN GET ALL MY WANTS.

4 A PERSONAL DOER IS CREATED BY BODY MIND, ILLUSORILY, BY IDENTIFICATION WITH IMPERSONAL CONSCIOUSNESS, AS PERSON.

5 IDENTIFICATION AS 'ME', OF IMPERSONAL CONSCIOUSNESS, IS PART OF THE MECHANICS OF PHENOMINALITY AS TIME SPACE.
IN A SEEKER, UNDERSTANDING OF TRUTH AND IDENTIFICATION WITH A 'ME', ALTERNATE EVERY NOW AND THEN.

IN THE ENLIGHTENED PERSON, THERE IS IDENTIFICATION WITH THE BODY MIND ORGANISM, BUT NOT AS - INDIVIDUAL DOER.

IN NORMAL PEOPLE, LIFE IS, SIMULTANEOUSLY ONGOING PROCESSES OF IDENTIFICATION AND DISIDENTIFICATION, PROCEEDING THROUGH MANY LIVES.

ONE'S DESTINY AND PROGRAMMING ARE BOTH WILLED BY GOD, AND ARE STAMPED AT CONCEPTION AS GENETIC CONDITIONING.

AS LONG AS CONCEPT OF 'ME' HAS NOT ARISEN, THERE IS NO QUESTION OF ENLIGHTENMENT.
11 THE 'ME', THE INDIVIDUAL
IS UNREAL AND NON-EXISTENT.
WHEN THERE IS NO 'ME,'
THERE IS NO EXPERIENCE.

12 REPLY TO ANY QUESTION
IS: "WHO WANTS TO KNOW"?
WHO UNDERSTANDS THE TEACHING?
IT IS THE 'ME'.

13 FIRST HUMAN MIND CREATES
THE CONCEPTS OF 'ME'
AND GOD - AND THEN ASKS
QUESTIONS ABOUT THEM.

14 CONSCIOUSNESS CAN NOT UNDERSTAND
AN OBJECT. CONSCIOUSNESS IS
ALL THERE IS. 'ME' SEEKS SUBJECTIVITY.
OBJECT CAN NOT BECOME SUBJECT.

15 'WHO IS THE ME'?
AT SOME POINT - THIS
QUESTION DROPS WITHOUT
FINDING AN ANSWER.
GOD, CONSCIOUSNESS, TOTALITY MEANS, SIMPLY THE ABSENCE OF 'ME': 'ME' THE OBJECT, WILL NEVER FIND GOD - THE SUBJECT.

FOR THE SAGE, WAKING AND SLEEP, ARE SAME BECAUSE, THERE IS NO 'ME' IN BOTH OF THESE STATES.

CAN THE 'ME' UNDERSTAND GOD'S WILL? IT IS IMPOSSIBLE. PART CAN NOT COMPREHEND WILL OF TOTALITY.

YOU ARE A TINY SCREW, AMONG BILLIONS OF NUTS AND BOLTS, IN THE MACHINE OF TOTALITY.

ONCE THE SENSE OF PERSONAL DOER-SHIP HAS BEEN ANNIHILATED, LIVE YOUR LIFE, WHATEVER WAY YOU LIKE.
IN WAKING STATE - 'ME'
EXISTS FOR THE ORDINARY
PERSON - BUT THE SAGE
HAS NO 'ME' IN WAKING.

IN DEEP SLEEP, THERE
IS NO 'ME' - FOR
BOTH THE ORDINARY PERSON,
AND THE SAGE TOO.

DISIDENTIFICATION PROCESS CONTINUES THRO'
MANY LIVES - BUT THESE
ARE NOT THE 'LIVES',
OF THE SAME ENTITY.

NOTHING CAN BE 'GAINED'
OR 'LOST' - IN THE WHOLE
PROCESS OF MANIFESTATION - AND
BECOMING FINALLY THE UNMANIFEST.

THE ADVANCED SEEKER'S ATTITUDE,
TOWARDS EVENTS IN LIFE
IS: 'THIS TOO WILL PASS'.
HE KNOWS ABOUT PEACE.

***
The ‘I’
1 BEFORE THE BIG BANG,
THERE IS POTENTIAL ENERGY -
CONSCIOUSNESS - THAT IS 'NOT'
AWARE - OF - ITSELF.

2 RAMANA MAHARISHI'S, 'NO CREATION,
NO DISSOLUTION, NO PATH,
NO GOAL, NO FREE WILL,
NO PREDESTINATION - DESCRIBES THAT.

3 IN AN INSTANT, MOUNTAINS,
RIVERS, BILLIONS OF YEARS OLD
ARISE - BABIES ARE BORN
AND OLD PEOPLE DIE.

4 SPACE AND TIME IS,
THE MECHANISM THROUGH WHICH
MANIFESTATION HAPPENS AND
WITHOUT OBSERVER THERE'S NO MANIFESTATION.

5 OUR HUMAN INTELLECT, JOINS
ALL THE MANY PRESENT
MOMENTS TOGETHER AND
IT MAKES THE TIME.
THE BIG BANG OCCURS, AT THE BEGINNING OF BOTH THE PERSONAL DREAM, AND THE LIVING DREAM.

CONSCIOUSNESS IS AWARE OF MANIFESTATION - ONLY WHEN THE BODY MIND ORGANISM IS ALIVE AND AWAKE.

THE READY MADE PICTURE, OF MANIFESTATION IS A CONCEPT, A SPECULATION. MANIFESTATION IS COMPLETE AND READY MADE BY GOD.

EXISTENCE IS LIKE A TEN MILE LONG PAINTING, OF WHICH YOU CAN SEE, ONLY A TINY PART.

THE DEEP SLEEP STATE - IS THE CORRESPONDING STATE OF MANIFESTATION - IN PHENOMENALITY OF CREATION.

The “I”
THERE ARE THREE 'I's.
THEY ARE 'I-I', THE 'I-AM',
AND THE 'I-AM-SO AND SO' -
THAT HAS A NAME.

'I-I' IS THE POTENTIAL
IMPERSONAL ENERGY, WHICH
IS 'NOT - AWARE - OF - ITSELF'.
IT IS TOTALITY, GOD.

'I-AM' IS THE
MANIFESTED IMPERSONAL ENERGY.
'I-AM' CONSCIOUSNESS IS
AWARE - OF - ITSELF.

'I-AM SO AND SO' -
SAY MR. JAMES, IS IDENTIFIED
CONSCIOUSNESS, WITH A
BODY MIND ORGANISM.

'I-I' IS PURE SUBJECTIVITY,
WITHOUT THE SLIGHTEST
TRACE OF OBJECTIVITY,
NOT- AWARE - OF - ITSELF.

PRIOR TO DEEP SLEEP, THERE IS THE ‘I-I’. IN DEEP SLEEP THERE’S ‘I-AM’, FOR BOTH ENLIGHTENED AND ORDINARY.

IN PERSONAL DREAM OF WAKING OR IN SLEEP STATE, THERE IS ‘I-AM’ ONLY FOR THE ENLIGHTENED PERSON.

IN PERSONAL DREAM OF WAKING OR IN SLEEP STATE, THERE IS ‘I AM SO AND SO’, FOR THE ORDINARY PERSON.

THE ENLIGHTENED PERSON OR THE ORDINARY PERSON CAN NOT BE IN THE ‘I-I’, AS LONG AS THEY LIVE IN A PHYSICAL BODY.
THE I-AM' CONSCIOUSNESS IS NOT BORN OUT OF MIND OR INTELLECT. THE FEELING 'I EXIST' IS GOD.

THERE IS NO PERSON, IN JUST 'I AM' - WHICH IS THE IMPERSONAL CONSCIOUSNESS.

IN THE ABSENCE OF 'ME', 'I AM' IS. 'I AM' IS THE THOUGHTLESS STATE.

'I AM' IS NOT A CONCEPT BUT FACT. EVEN WHEN THE PERSON DISAPPEARS, 'I AM' REMAINS.

IS THE 'I AM' EXPERIENCE PERMANENT? ASK, 'WHOSE EXPERIENCE'? FOR THE ENLIGHTENED, THERE'S NO 'ME' TO HAVE ANY EXPERIENCE.
'I AM' IS PEACE;
BUT 'I AM SO AND SO'
IS MISERY - PRODUCT OF GENES
AND ENVIRONMENTAL CONDITIONINGS.

BEFORE THE IDEA 'I AM SO AND SO'
ARISES, THERE’S NO PATH, NO GOAL,
NO FREE WILL, NO PREDESTINATION,
NO CREATION AND NO DISSOLUTION.

'I AM SO AND SO' IS MAYA.
'I AM' IS NOT MAYA.
WHAT DOES NOT EXIST
ALL TIME IS NOT REAL.

IS THIS TALK ALSO MAYA?
YES INDEED! MAYA MAKES YOU
BELIEVE THAT YOU EXIST
AS A SEPARATE ENTITY.

MAYA IS IDENTIFICATION OF
IMPERSONAL CONSCIOUSNESS, WITH
A BODY MIND ORGANISM, BY WHICH
A PERSONAL DOER IS CREATED.
MAYA, THE DIVINE HYPNOSIS, MAKES THE INDIVIDUAL THINK, THAT HE HAS FREE WILL, AND HE IS AN INDIVIDUAL DOER!

IF 2000 PEOPLE CAN BE HYPNOTISED, BY A THIRD RATE HYPNOTIST, JUST IMAGINE WHAT THE SUPREME POWER CAN DO?

THE IDEA OF SEPARATE INDIVIDUAL NECESSITATES - THE CONCEPT OF GOD, AND THE DUALITY.

WITHOUT CONCEPT OF INDIVIDUAL, THERE CAN BE NO CONCEPT OF GOD.

INDIVIDUAL IS MISERY, A PROGRAMMED BODY MIND ORGANISM, WITH SOME NATURAL CHARACTERISTICS.
36 IT IS DELIVERED WITH
A SET OF GENES AT MOTHER'S
CONCEPTION, WITH A
SET OF ENVIRONMENTAL CONDITIONINGS.

37 INDIVIDUALITY, IS RESTRICTION
OF CONSCIOUSNESS.
THE INDIVIDUAL ALSO THINKS,
'OTHERS' ARE ALSO INDIVIDUALS.

38 THE INDIVIDUAL IS
UNREAL AND NON-EXISTENT.
LOVE DISSOLVES
SEPARATE INDIVIDUALITY.

39 MIND - INTELLECT IS EGO.
THE 'YOU' DOES NOT EXIST.
'YOU' IS
'A PROGRAMMED BODY MIND'.

40 MAN CAN KILL HIMSELF;
BUT NOT THE EGO.
DON'T OPPOSE EGO,
IF YOU CAN.
GETTING RID OF EGO
IS THE JOB OF TOTALITY,
THE SOURCE, THAT
HAPPENS IN ENLIGHTENMENT.

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Chapter 6

Absolute Freedom
1. AT SOME POINT,  
THE MIND TURNS  
INWARD, AND ASKS  
"WHO OR WHAT AM I"?

2. WHO ARE YOU?  
WHO IS THE QUESTIONER?  
WHO WANTS TO KNOW?  
FIND OUT.

3. YOU CAN NOT USE  
THE TEACHING TO  
SOLVE YOUR  
PROBLEMS.

4. IT IS NOT  
A TOOL -  
FOR  
BECOMING HAPPY.

5. WITH TEACHING,  
LIFE BECOMES -  
NOT EASIER,  
BUT SIMPLER.
IN ANY GAME LIKE TENNIS, OR IN MEDITATION, A COACH OR A GURU, TEACHES A BEGINNER HOW TO LEARN.

SO YOU CAN DO SADHANA, THE PRACTICE. BUT UNDERSTAND THAT THERE IS NO ‘YOU’.

PRAYING MEANS, BEGGING, AND BARGAINING, WITH GOD.

THE ONLY TRUE PRAYER IS - ‘THY WILL BE DONE’.

HOW, AND WHEN SEEKING BEGINS, CONTINUES, AND ENDS, IS DESTINED.
A SEEKER'S EGO SAYS, 
SEARCH FOR ENLIGHTENMENT IS 
FAR SUPERIOR, TO 
SEARCH FOR MONEY.

PHYSICAL AND MENTAL HEALTH 
IS A MUST 
FOR A 
SUCCESSFUL SEEKER.

THERE IS 
NO SEEKER. 
SEEKING 
HAPPENS.

GOD IS SEEKING 
HIMSELF, 
AS THE 
SEEKER.

SEEKER IS 
ALREADY- 
WHAT 
HE SEEKS.
I WAS LUCKY NOT TO BE A SEEKER.

ASK YOURSELF: WHO IS TO FIND TRUTH?

IF YOU SEEK SOMETHING THAT IS NOT AN OBJECT YOU STILL SEEK AN ILLUSION.

ACT OF SEEKING, IS PART OF THAT ILLUSION. SUBJECT NEED NOT SEEK ITSELF.

SEEKING IS PART OF IMPERSONAL FUNCTIONING OF TOTALITY, BUT THERE IS NO SEEKER.
IN SEARCHING, 
THE SUBJECT IS 
SEEKING 
THE SUBJECT.

THE SAME POWER 
THAT SEEKS TRUTH, 
ALSO SEEKS 
MONEY.

GOD SEEKS 
MONEY, THROUGH 
A BODY MIND 
ORGANISM.

SEEKING MEANS, 
SUFFERING. 
SEEKING HAPPINESS, 
IS UNHAPPINESS.

SEEKING TAKES DIFFERENT FORMS 
IN EVERY SEEKER; IT'S INTENSITY 
AND STRENGTH DIFFERS 
FROM SEEKER TO SEEKER.
SEEKING IS:
NON-ACCEPTANCE
OF
WHAT-IS.

ENLIGHTENMENT IS
TRULY BORING.
NOW STOP SEEKING,
IF YOU CAN.

WHEN SEEKING STOPS,
'WHAT-IS' REMAINS.
IN OTHER WORDS: ALL THERE IS
IS CONSCIOUSNESS.

IS THERE A PATH?- 
A PATH
FOR
WHOM?

EVERY PATH IS
THE BEST OR THE WORST PATH.
THE 'WHAT IS'
IS THE PATH.
BEING ON A PATH OR NOT, ENLIGHTENMENT CAN HAPPEN, TO ANYBODY, AT ANY TIME, ANYWHERE.

MEDITATION IS SPIRITUAL PRACTICE FOR THE BEGINNER LIKE TENNIS LESSONS.

IT IS PREPARING THE BODY MIND ORGANISM, FOR ITS - PROGRAMMING TO OPERATE.

NO MATTER WHAT RESULTS ARE, YOU MUST MEDITATE, IF IT IS SO DESTINED.

MEDITATION IN DAILY LIFE MEANS, WITNESSING WHATEVER HAPPENS AS THE WILL OF GOD.
IN TRUE MEDITATION,
THE 'ME' HAS DISAPPEARED.
NO INDIVIDUAL MEDITATOR,
NO ENLIGHTENMENT.

IN TRUE MEDITATION -
EVEN THE SENSE
OF PRESENCE
DISAPPEARS.

IT IS LIKE
DEEP SLEEP.
THERE MANIFESTATION
IS NOT PRESENT.

TOTAL CONCENTRATION
ON YOUR
WORK
IS MEDITATION.

IF YOU HAVE
NO GOAL,
MEDITATION IS
WONDERFUL.
41 THOUGHTS OCCUR TO THE INDIVIDUAL MEDITATOR.

42 IN TRUE MEDITATION, THERE IS NO THINKING MIND.

43 EVEN IF YOU MEDITATE FOR MILLION YEARS, STILL, ARISING OF THOUGHTS CAN NOT BE PREVENTED.

44 IT IS ALRIGHT TO MEDITATE; BUT EXPECTING RESULTS FROM MEDITATION, IS AN OBSTRUCTION TO ENLIGHTENMENT.

45 YOU SAY, 'I MUST CONTROL ANGER' - WHO IS TO CONTROL, WHAT ANGER?
46 THERE IS NO PRACTICE, TEACHING, LISTENING, UNDERSTANDING, AND ENLIGHTENMENT. THEY ALL JUST HAPPEN.

47 LISTENING IS A SADHANA, BUT REALLY, THERE IS NO 'ONE' WHO LISTENS.

48 NO INDIVIDUAL SEEKER CAN ACHIEVE ENLIGHTENMENT.

49 GURU IS ALSO A CONCEPT. A PART OF PHENOMENALITY.

50 A GURU'S BEHAVIOUR AND CONDUCT TOO ARE CONCEPTS HELD BY HIS DISCIPLES OR BY THE GURU HIMSELF.
A FAKE SAGE MAY HAVE A HOLY PERSONALITY, WHEREAS A TRUE SAGE MAY NOT SEEM HOLY.

A TRUE SAGE MAY BE SEEN DRINKING, SMOKING, AND SWEARING, BUT HE HAS 'LOST' HIS PERSONALITY.

THE SAGE AND THE ORDINARY PERSON - BOTH ARE SLAVES, OF THE FUNCTIONING OF TOTALITY.

DREAM, VISION, THOUGHT, FEELING - ALL OCCURRENCES ARE BEYOND CONTROL FOR THE SAGE AND 'NON-SAGE' ALIKE.

SEEKER SAYS: 'I AM ANGRY' SAGE SAYS: 'THERE IS ANGER'. SEEKER SAYS: 'I SUFFER' SAGE SAYS: 'THERE IS SUFFERING'.

Practice
56 THE SAGE’S ANGER OR WORRY IS NATURAL, PRAKRITI, NATURE’S IMPERSONAL ENERGY. THE SAGE IS NOT A VEGETABLE.

57 ANGER MAY ARISE IN A SAGE. BUT IN HIS CASE, THERE IS NO REACTION TO THE ARISING OF THE ANGER.

58 THE SAGE HAS NO CONTROL OVER ARISING OF THOUGHT. BUT HE HAS NO ‘INVOLVEMENT’, IN FURTHER THINKING.

59 THE SAGE ACCEPTS LOVE AND HATE, AS BASIS OF LIFE. BUT THERE’S NO ‘HIM’, AND THEREFORE NO LOVE OR HATE.

60 THE SAGE MAY TAKE MONEY, BECAUSE HE DOES NOT EXPECT OR REFUSE ANYTHING.
IF YOU ASK A SAGE
'ARE YOU THE WHOLE ?',
HE WILL SAY: 'ALL THERE IS
IS CONSCIOUSNESS'.

AT DEATH, THE IMPERSONAL
CONSCIOUSNESS OF THE SAGE
BECOMES CONSCIOUSNESS-
AT-REST.

REALISED ONE
KNOWS THAT
HE WAS NEVER BORN.
HOW THEN CAN HE DIE?

A SAGE'S LIFE ALSO
HAS UPS AND DOWNS
BUT WITHOUT THE SENSE
OF PERSONAL DOERSHIP.

CAN A SAGE WITH ABSOLUTE
AWARENESS, TRIP AND BREAK HIS LEG?
EVEN A MINDFUL SAGE
CAN BREAK HIS LEG.
ONLY DIFFERENCE BETWEEN A GURU AND DISCIPLE IS:
ONE PLAYS THE GURU, AND
THE OTHER PLAYS THE DISCIPLE.

A GURU AND DISCIPLE ARE,
LIKE OCEAN AND RIVER.
RIVER IS SEPARATE UNTIL
IT REACHES THE OCEAN.

A GURU AND DISCIPLE
ARE LIKE CAMPHOR AND FIRE.
WITH MUTUAL ASSOCIATION,
BOTH EVENTUALLY DISAPPEAR.

GURU AND DISCIPLE
RELATIONSHIP IS
PART OF THE
PHENOMENAL ILLUSION.

THE ASPIRING MIND IS
OF TWO KINDS.
ONE IS 'THINKING MIND';
THE OTHER IS 'WORKING MIND'.
'THINKING MIND' IS MISERY;
'WORKING MIND' IS PEACE.
'THINKING MIND' IS RESTLESS;
'WORKING MIND' IS JOY.

WORDS ARE - THOUGHTS 'INVOLVED'
BY THINKING MIND.
THINKING IS - CONCEPTUALISING
HAPPENING TO THE 'ME'.

NOT TO BE INVOLVED
IN THOUGHTS
IS NOT
EASY.

CUTTING OF INVOLVEMENT
IN THOUGHT IS AN
IMPERSONAL EVENT. IT COMES
ALL OF A SUDDEN.

'THINKING MIND' IS, DOUBTS,
FEARS, WORRIES,
AND ANXIETY
ABOUT THE FUTURE.
'WORKING MIND' IS TOTAL
CONCENTRATION ONLY AT THE JOB
AT HAND, WITHOUT CONCERN FOR
OUTCOME OR FUTURE CONSEQUENCES.

WHEN 'WORKING MIND'
WORKS, 'THINKING MIND' -
IS ON
HOLIDAY.

WHEN THERE IS NO
'THINKING MIND' -
WORK IS
WORSHIP.

YOU ARE A LUCKY PERSON,
IF YOU HAVE A JOB
THAT YOU LIKE.
WHY?

BECAUSE, WHILE WORKING,
YOU ARE
IN THE
'WORKING MIND'.
IS WATCHING TV WITH 'WORKING MIND'? NO, IT IS OF 'THINKING MIND' SOON YOU GET BORED.

THE 'WORKING MIND' IS SOMETHING LIKE GOING TO THE TOILET.

BE STILL AND FREE FROM THOUGHTS MEANS, BE FREE FROM 'THINKING MIND'.

THE SAME EVENT CAN BE BOTH GOOD AND BAD. CHRISTMAS IS BEAUTIFUL FOR HUMANS; BUT WHAT ABOUT THE TURKEY?

WHEN SMALLPOX GERMS ARE ELIMINATED, IT'S GOOD FOR HUMANS; AND BAD FOR THE GERMS.
WHILE BEING IN THE 'WORKING MIND' - THERE IS NO GOOD AND NO BAD. THEREFORE WORK IS WORSHIP.

GOOD INTENTIONS MAY LEAD YOU TO HELL, AND BAD INTENTIONS MAY BE ROAD TO HEAVEN. WHY? IT IS SO DESTINED.

UNDERSTANDING IS GOD. UNDERSTANDING-IN-ACTION, IS IMPERSONAL WITNESSING.

FINAL UNDERSTANDING IS ACCEPTANCE OF WHAT-IS. HOWEVER, THAT ACCEPTANCE IS NOT IN YOUR HANDS.

IN THE FINAL UNDERSTANDING, THERE IS NO SURRENDER, NO ACCEPTOR, NO SEEKER AND THE FINDER.
UNDERSTANDING BRINGS - FREEDOM FROM RESPONSIBILITY.

STILL, UNDERSTANDING 'THY WILL BE DONE' WILL NOT LET YOU SIT IDLE.

UNDERSTANDING CANNOT BE USED, TO BETTER ONE'S LIFE.

IT CANNOT BE USED, TO CHANGE YOUR CONDUCT AND BEHAVIOUR.

UNDERSTANDING DEEPENS WHEN THE ATTITUDE 'I DON'T CARE WHAT HAPPENS'.
YOU HAVE UNDERSTOOD -
WHEN QUESTIONS
ANSWER
THEMSELVES.

UNDERSTANDING MEANS:
THERE IS
NO NEED
FOR UNDERSTANDING.

FOR A SEEKER,
UNDERSTANDING COMES AND GOES.
FOR A SAGE,
IT IS PERMANENT.

SEEKING IS DONE BY
'THINKING MIND'. AN AVERAGE
PERSON IS CONTINUOUSLY 'INVOLVED'
IN THE 'THINKING MIND'.

ABSENT-MINDEDNESS IS AN
ASPECT OF THE 'THINKING MIND'.
MINDFULNESS IS AN ASPECT
OF THE 'WORKING MIND'.
TEACHING IS A SELF-DESTRUCTIVE PROCESS. THE 'ME' GETS ANNIHILATED.

IT IS THE END OF ALL EXPERIENCES.

IT IS GOOD TO FORGET THE TEACHING, BECAUSE IT CANNOT GO ANYWHERE EXCEPT DEEPER.

THE FINAL TEACHING IS: "WHO WANTS TO KNOW?"

IF YOU ARE PROGRAMMED TO KILL, YOU WON'T FEEL THE NEED FOR ANY TEACHING.

***
Absolute Freedom
Chapter - 7

Experience
1 PRIOR TO PHENOMENALITY, THERE'S NO CREATION, NO DISSOLUTION, NO PATH, NO GOAL, NO FREE WILL AND NO PREDESTINATION.

2 PHENOMENALITY EXISTS IN THE SAME WAY, THAT A SHADOW EXISTS.

3 PHENOMENALITY IS NOT REAL, BECAUSE, IT'S EXISTENCE DEPENDS ON THE ESSENCE.

4 THE ESSENCE IS CALLED CONSCIOUSNESS. PHENOMENALITY HAPPENS BY CONSCIOUSNESS, WHICH IS REAL, AND TO THAT EXTENT ONLY, THE SHADOW IS REAL, BUT ULTIMATELY UNREAL.

5 AN EXPERIENCE, AN EVENT HAPPENS, THROUGH A BODY MIND ORGANISM. NO NEED FOR ANY 'ONE'.
THERE IS NO ONE THERE - TO EXPERIENCE AN EXPERIENCE.

BODY MIND ORGANISM OF THE ORDINARY PERSON, AND THAT OF A SAGE, FUNCTION, ACCORDING TO IT'S PROGRAMMING.

THERE CANNOT BE ANY IMPERSONAL EXPERIENCE. EXPERIENCE HAPPENS TO A 'ME'. WITHOUT 'ME', - THERE'S NO EXPERIENCE.

WHAT EXISTS FOR ALL TIME, CANNOT BE CALLED AN EXPERIENCE.

DISCIPLE ASKS THE GURU: 'WAS YOUR ONNESS EXPERIENCE PERMANENT?' GURU REPLIES: 'PERMANENTLY FOR WHOM?'
GOD HAS NO NEED FOR -
A CONTINUOUS FEELING
OR EXPERIENCE OF ONENESS
AND PEACE.

GOD CANNOT BE EXPERIENCED.
CONSCIOUSNESS IS ONE.
THERE IS NOTHING FOR
CONSCIOUSNESS TO EXPERIENCE.

CONSCIOUSNESS EXPERIENCES THROUGH
BODY MIND ORGANISM,
HIGHEST ECSTASY
AND WORST MISERY.

MEMORY AND MIND ARE
DIFFERENT FACULTIES
OF THE
BODY MIND ORGANISM.

EVERY EXPERIENCE IS
IMPERSONAL;
MEMORY IS
PERSONAL.
MEMORY EXISTS IN DEEP SLEEP TOO.

ALL THOUGHTS CONCERN PHENOMINALITY. THE SOURCE, TOTALITY, IS NOT A CONCEPT OR THOUGHT.

YOU CAN NOT CREATE A THOUGHT. BRAIN RECEIVES A THOUGHT. IT DOES NOT CREATE IT.

BRAIN IS INERT MATTER. IT CAN NOT CREATE A THOUGHT. IT CAN ONLY REACT TO AN OUTSIDE IMPULSE.

THE STATE OF COMA PROVES THIS FACT. IN COMA, THE BRAIN DOES NOT WORK.
THOUGHT IS CONNECTED WITH CONSCIOUSNESS; AND NOT WITH THE BODY.

THOUGHT CAN APPEAR FROM MEMORY. BRAIN REACTS TO IT. THOUGHT AND ACTION YOUR’S OR GOD’S? THEY ARE OF GOD.

MEMORY, REPETITION OF A THOUGHT, OR A NEW THOUGHT COME FROM 'OUTSIDE' - FROM CONSCIOUSNESS.

DO THOUGHTS COME FROM INSIDE OR OUTSIDE? THE CREATOR IS THE WHOLE CREATION. FOR HIM THERE’S NO INSIDE OR OUTSIDE.

EVEN AFTER 'ME' AND PERSONAL DOER-SHIP IS ANNIHILATED IN ENLIGHTENMENT, ARISING OF THOUGHT CAN NOT BE PREVENTED.
MEDITATION CAN NOT STOP THOUGHTS. BUT A SAGE HAS THE CAPACITY NOT TO 'INVOLVE' IN THOUGHTS.

SAGE IS FREE OF THOUGHTS. HE 'INVOLVES' ONLY IN ESSENTIAL THOUGHTS, THAT ARE 'NEEDED', FOR HIS DAILY EXISTENCE.

YOU WAKE UP FROM YOUR PERSONAL DREAM, INTO YOUR LIVING DREAM, WHICH YOU CALL WAKING STATE.

WAKING UP FROM SLEEP, AND APPEARANCE OF MANIFESTATION, ARE SIMULTANEOUS.

ON WAKING UP, AWARENESS AND BODY MIND ORGANISM APPEAR TOGETHER.
WITHOUT SPACE, NO OBJECT CAN BE PROJECTED.
WITHOUT TIME, NO OBJECT CAN BE PERCEIVED.

SPACE TIME IS THE MECHANISM, THROUGH WHICH THE PERSONAL DREAM, AND THE LIVING DREAM HAPPENS.

DREAMER, SCRIPT WRITER, THE CHARACTERS, OBJECTS - ALL ARE CONSCIOUSNESS. ALL THERE IS - IS CONSCIOUSNESS.

PERSONAL DREAMS DIFFER; LIVING DREAM IS SHARED WITH OTHERS. BUT IN BOTH - THERE IS NO FREE WILL.

WAKING DREAM, AND LIVING DREAM, HAVE NO MEANING. BOTH GET SWITCHED OFF - IN THE BODY'S PHYSICAL DEATH.
Life is a living dream,
in phenoMinality.
In the original state,
nothing has ever happened.

In deep sleep
you
are
God.

Deep sleep is death.
Each person dies at night,
and is reborn
by next morning.

A person is not present,
in deep sleep, but
something is present.
That is consciousness.

In deep sleep,
and in waking state,
the same impersonal awareness,
exists without a flaw.
YOU CANNOT KNOW YOURSELF, IN DEEP SLEEP.
YOU BECOME THAT SLEEP ITSELF, NOT KNOWING YOURSELF.

DEEP SLEEP CAN NOT BE EXPERIENCED; HOWEVER, THERE IS MEMORY.

MEMORY SUPPLIES THE INFORMATION, THAT GOOD OR BAD SLEEP, HAS OCCURRED.

IN DEEP SLEEP, COMA, AND ANAESTHESIA, 'ME' IS ABSENT, AS IF DEAD. BUT IT IS SILENTLY 'ALIVE'.

SLEEPING AND WAKING, ARE TRULY NOT IN YOUR CONTROL. IT COMES AND GOES, AT IT'S OWN WILL.
NEITHER A SAGE, NOR NON-SAGE CAN BE AWARE OF BEING AWAKE OR ASLEEP, DURING DEEP SLEEP.

IN DEEP SLEEP, THERE IS NO QUESTION, ABOUT ENLIGHTENMENT, AND THERE'S NO DESIRE.

THERE IS NO PURPOSE, OR MEANING, IN WHAT HAPPENS.

THE ADVAITA TEACHING, IS NOT FOR THE ORDINARY PERSON.

BLISS IS PART OF MANIFESTATION. IT DOES NOT EXIST IN DEEP SLEEP.
HUMAN BEING AND
IT'S MIND WITH INTELLECT,
CREATE
HAPPINESS, AND UNHAPPINESS.

COMPASSION AND ANGER ARISE,
AS REACTION TO PERCEPTION.
THEY ARE IMPERSONAL EVENTS.
SAGE’S TEACHING IS COMPASSION.

NO TEACHING CAN MAKE
ONE HAPPY. HAPPINESS AND MISERY
ARE PART OF DESTINY. NO POWER
ON EARTH, CAN CHANGE IT.

THE THINKING MIND,
MAKES JUDGEMENTS.
ONE CAN NOT
AVOID JUDGING.

JUDGING CEASES
WHEN ONE UNDERSTANDS
THAT THERE IS
NO ONE WHO LIVES.
The theory of karma is correct. Cause leads to effect. However, karma is produced by God, and not by individual.

Action occurs, not of your will, or your past karma, but they are destined by God.

Karma concerns the body mind organism, not the soul.

The inner voice is the mind. It can not understand, pure subjectivity.

Purity of the mind, is part of the impersonal functioning, of totality.
YOU TALK ABOUT GOING BEYOND MIND.
WHO IS GOING BEYOND MIND?

HUMAN MIND, CAN NOT UNDERSTAND, THE WHAT-IS.

MEANING IS THE CURSE OF THE MIND.

MIND IS IN TIME. MIND IS NOTHING BUT A SERIES OF INVOLVED ‘THINKING SPELLS’.

FIRST, MIND CREATES QUESTIONS, AND THEN IT DEMANDS ANSWERS.
A PAST LIFE EXPERIENCE, IS A PERSONAL DREAM, BASED ON MEMORIES, OF A PREVIOUS LIFE.

A PAST LIFE IS A CONCEPT. MOZART AND RAMANA MAHARISHI, ARE THE FRUITION OF MANY "LIVES".

GOOD AND BAD DEEDS, DIRECT THE JOURNEY OF THE REINCARNATING SOUL, WHICH DOES NOT EXIST.

ENLIGHTENMENT DOES NOT OCCUR, TO ALL 10,000 PAST ORGANISMS, BECAUSE, THEY ARE NOT CONNECTED THROUGH A COMMON SOUL.

A PAST LIFE IS AN EXPERIENCE IN SOMEBODY'S LIFE. THAT'S ALL. IT IS AN EXPERIENCE IN THE WAKING STATE.
REINCARNATION AND PAST LIVES, ARE PART OF THE MECHANICS, OF THE MANIFESTATION.

THE SEEKER'S SPIRITUAL CAPITAL, DERIVES FROM THOUSANDS OF EARLIER BODY MIND ORGANISMS.

STATE OF SAMADHI IS, CULMINATION OF TRADITIONAL SPIRITUALITY, OF SEEKING. IT IS PHYSICAL WAKEFULNESS, PLUS DEEP SLEEP.

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Absolute Freedom
Chapter - 8

Enlightenment
1 DOES ONE'S ENLIGHTENMENT HELP THE WORLD?
   GOD DOES NOT NEED,
   ANY HELP FROM ANYONE.

2 AFTER ENLIGHTENMENT,
   JUDGING ENDS.
   BUT HAPPINESS AND
   UNHAPPINESS CONTINUE.

3 THERE IS CONSTANT
   AWARENESS OF
   NO PERSONAL
   DOER-SHIP.

4 AFTER ENLIGHTENMENT,
   THERE IS NO 'ME'
   AND THE 'OTHER'
   AND A PERSONAL DOER.

5 THEN EVERYTHING
   BECOMES,
   AN IMPERSONAL FUNCTIONING,
   OF TOTALITY.
RIGHT LIVING
FOLLOWS;
BUT NO CHANGE
IN BEHAVIOUR.

ENLIGHTENMENT,
DOES NOT
HAPPEN,
TO AN INDIVIDUAL.

WHEN ENLIGHTENMENT
HAPPENS, ONE EXCLAIMS
'IT IS SO SIMPLE,
IT REALLY DOESN'T MATTER.'

THE INDIVIDUAL IS
SURPRISED BECAUSE,
HE HAS STOPPED
LONG BACK SEEKING IT.

'WHO CARES?', IS
THE ULTIMATE
UNDERSTANDING
BEFORE ENLIGHTENMENT.
AN EXPERIENCE OF ONENESS, IS NOT NECESSARY FOR ENLIGHTENMENT TO HAPPEN.

IT CAN OCCUR, TO BOTH A BEGGAR, AND A MILLIONAIRE.

IT HAPPENS, WHEN CONSCIOUSNESS WANTS IT TO HAPPEN.

ENLIGHTENMENT IS NOT AN OBJECT. IT JUST HAPPENS.

NO 'PERSON' CAN ACHIEVE ENLIGHTENMENT.
ENLIGHTENMENT HAPPENS, AFTER ACCEPTING THAT IT MAY NOT HAPPEN.

IT TAKES LOT OF COURAGE, TO ACCEPT THAT IT MAY NOT HAPPEN.

ONE MAY THINK, 'ALL THERE IS, IS GOD; WHY BOTHER ABOUT ENLIGHTENMENT?'

WANTING ENLIGHTENMENT IS THROUGH THE 'THINKING MIND'.

PRACTICING ENHANCEMENT, TOWARDS ENLIGHTENMENT, CAN BE USEFUL AS WELL AS AN OBSTRUCTION.
21 Desire to hasten up the process to enlightenment too, is God’s will.

22 Nothing can prevent the happening of it, if it is destined to happen, or not to happen.

23 Every sage has different concept of enlightenment.

24 Enlightenment has no meaning!

25 Omniscience and predictions are not part of it.
THE DELIVERANCE IS GRADUAL; BUT THE AWAKENING IS SUDDEN.

IT IS OLD FASHIONED TO BELIEVE THAT SIDDHIES, PSYCHIC POWERS ARE SIGN OF ENLIGHTENMENT.

ENLIGHTENMENT BRINGS PEACE OF ACCEPTANCE; BUT NOT PERMANENT BLISSFUL STATE.

THE BASIC CHARACTERISTIC ELEMENT OF ENLIGHTENMENT IS - ABSENCE OF 'INVOLVEMENT' IN HAPPINESS AND UNHAPPINESS.

ENLIGHTENMENT IS DESTINED; NOT PROGRAMMED.
IT IS NOT AN EXPERIENCE.

SORRY, ENLIGHTENMENT CAN NOT BE ENJOYED.

IT IS MERELY AN EVENT LIKE EARTHQUAKE OR A FLOOD.

IT IS NOT A THOUGHTLESS STATE.

ENLIGHTENMENT TOO IS A CONCEPT, GOING HAND-IN-HAND, LIKE CONCEPT OF BONDAGE.
36
DOER-SHIP DISAPPEARS.
SEEKER IS ANNIHILATED.
SEEKING STOPS.
IT IS END OF WANTING.

37
NO SEEKER,
NO SEEKING,
NOTHING
TO BE SOUGHT.

38
ABSENCE OF
THINKER, DOER,
AND EXPERIENCER,
IS ENLIGHTENMENT.

***
Silence and Peace
LISTENING - WITHOUT GRABBING,
WHAT IS HEARD,
IS SILENCE.

WHEN QUESTIONING STOPS, SILENCE HAPPENS.
WHEN SILENCE HAPPENS,
SEEKING STOPS.

WORDS ARE MENTAL CONCEPTS.
SILENCE IS
THE
ULTIMATE TEACHING.

THE ULTIMATE,
AND THE FINEST
TEACHING,
IS SILENCE.

ALL THERE IS,
IS CONSCIOUSNESS!
THAT IS SUKHA SHANTI,
ETERNAL PEACE!!
Ramesh S. Balsekar is the number one Advaita (Non duality) Teacher of our modern time.

He was a direct disciple of Sri Nisargadatta Maharaj.

After retiring as the President of the Nationalised Bank of India, he started interpreting the Marathi talks of Sri Nisargadatta Maharaj into English for the western visitors regularly for few years. Then he was requested by Maharaj himself to speak on Advaita of Indian spirituality.

Ramesh’s innumerable talks have been published in large numbers of books.

I am happy to present in this e-book the essential message of Ramesh S. Balsekar as the ‘Essence of the Teachings of Ramesh S. Balsekar’.

May many readers be benefited by the sublime teachings of Ramesh, in a concise and precise form.

May all find Prosperity and Peace, from Ramesh’s Teachings!

JUSTINE JEYARAJ DEVARAJ